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| Food: | Oxtail Soup |

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| Suggested Brands | Size / Weight (g) | Number of Calories(Kcal) | Saturated Fat (g) | Carbohydrate (g) | Price(£0.00) |
| Morrisons Oxtail | 400 | 172.0 | 2.8 | 21.6 | 0.45 |
| ASDA Oxtail | 400 | 176.0 | 2.8 | 20.8 | 0.39 |
| essential Waitrose oxtail | 400 | 176.0 | 2.4 | 21.6 | 0.52 |
| Heinz Oxtail | 400 | 180.0 | 1.2 | 29.6 | 0.95 |
| Sainsbury's Oxtail | 400 | 204.0 | 3.6 | 21.2 | 0.40 |

Supermarkets Tested

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| --- | --- | --- | --- | --- | --- | --- |
| ASDA | Tesco | Morrisons | Sainsburys | Waitrose | Able & Cole | ICELAND |
| YES | YES | YES | YES | YES | n/a | YES |

*N/A Indicates Either Nutrition Information Not Available on the Company’s Website or the Company Doesn’t Supply This Brand*